



ROWAN JAKOBABAH

HERBALIST • FACILITATOR • FERTILITY
AWARENESS & SEXUAL/REPRODUCTIVE
HEALTH EDUCATOR • SUPPORT SPECIALIST
• MOTHER

CONTACT

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Nunica, MI 49448
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PROFESSIONAL SKILLS

- Highly organized with capacity to create order from chaos
- Major collaborative spirit
- Driven & project-oriented
- Quick & detail-oriented learner
- Child & Adolescent Program Creation & Education
- CPR/First Aid & AED Certified - AHA
- 4+ years of Farm Work
- Functional knowledge of G-Suite, Zoom, etc. - tech literate
- Design - graphic and otherwise

FORMAL EDUCATION

Bachelor of Theatre Arts

University of Michigan -
Ann Arbor (2013-2017)

- Specializations: Wig & Makeup Design; Devised Theatre

LANGUAGE

English ●●●●●●●●

French ●●●●●●●●

SPECIALIZED EDUCATION

Birth Work Training

Multiple Entities - 2021

- Pregnancy Loss Support - MollyDutton Kenny
- Queer & Trans Reproductive Support - Birthing Advocacy Doula Trainings
- Reproductive Justice 101 - SisterSong

Fertility Awareness Educator Certification

The Well (FKA Grace of the Moon) - 2021

- Earth-based sympto-thermal menstrual cycle charting teacher certification
- Includes deep knowledge of the anatomy & physiology of the menstrual cycle & wholistic counseling skills for contraception, conception, & overall health

Our Whole Lives Facilitator Training

People's Church of Kalamazoo - 2019

- Certified as a middle & high school facilitator
- Taught year-long middle school curriculum 2019-20 as a volunteer

Kitchen Table Herbalism Training

Creative Health Arts - Janice Marsh-Prelesnik - 2018

- Certificate for in-depth study of herbal medicine
- Continued clinical study in 2019

WORK EXPERIENCE

Commonsense Childbirth Inc.

National Perinatal Task Force
Program Coordinator - April 2022 - Present

- Work with assoc. director to provide technical support, collective care, and advising for perinatal care workers across the country
- Assisted the marketing manager in writing press releases and conducting surveys through phones and emails.

Rootead Enrichment Center

Red Birth Green Coordinator -
March 2021 - April 2022

- Worked with director to coordinate intake for prospective & existing clients and pair with a doula
- Managed backend systems, data & administration for doula program
- Coordinated & facilitated programming in the fields of reproductive & sexual health; parenting; and birth

Sister Tree Apothecary

Owner & Founder - November
2017 - Present

- Harvest plants & craft high quality herbal medicines
- Meet with clients to reach fertility goals
- Facilitate programming in areas of herbal medicine craft, fertility awareness, & plant I.D.